



Meals on Wheels
Bega Valley

Bega Seniors Social Group
Wednesdays June 2023

7th June 2023



❄️ Craft Day using Gourds ❄️

Liz (Salvation Army) to talk finance
Homemade Beef & Mushroom Pies
Work on craft for Open Day

14th June 2023



❄️ The King's Birthday ❄️

High Tea Treats
Bring along some royal memorabilia.



21st June 2023



❄️ Warm Craft + Games ❄️

Knitting + Crocheting
Yarns + Wool
Roast Lamb with all the trimmings

28th June 2023



❄️ Mystery Opshop Outing ❄️

Morning tea at Toussaint Café then off on
an adventure to some local op shops to
grab a good find

**More
than just
a meal**

Toussaint Activity Centre
101 – 103 Bega Street @ Bega
Wednesdays 10 am – 2 pm
We can arrange Transport

☎ 6492 4146

✉ socialsupportcoordinator@bvmow.org.au