

**Bega Seniors Social Group**

**July 2017 Program**

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| 3rd July  Toussaint’s Café | Morning Tea  Exercises and Stretches  Hand Made Craft Cards  Bring Along Any Ideas To Share |
| 10th July  Toussaint’s Café | Outing to Tathra by the Sea  Visit the Wharf + Lions Memorial Park  Lunch at Tathra Bowling Club  $10.00 to Buy Your Lunch at the Bowlo |
| 17th July  Toussaint’s Café | Bingo and Biscuits  Music and Songs  Bring a Photograph |
| 24th July  Toussaint’s Café | Special Secret Guest Speaker  Morning Tea |
| 31st July  Toussaints Café | Wear Your Favourite Hat Day  Morning Tea  Scones and Jam |
| \\SERVER02\Data\MOW Management\Publicity and Promotion\Logo\MTJM_Icon_NSW_Blue.png | Where? Toussaint’s Centre Bega  101 – 103 Bega Street in Bega  When? Wednesdays 10am - 2pm  We can arrange Transport  🕿 6492 4146  🖂BegaCBDGCoordinator@bvmowplus.org.au |